

1. In Rosenhan's study, who discovered that the "pseudopatients" were feigning mental illness?
 - A) psychologists
 - B) psychiatrists
 - C) other patients
 - D) nurses and aides working on the ward
 - E) other physicians
2. Which of the following symptoms most clearly suggests the presence of abnormality?
 - A) distraction
 - B) hallucinations
 - C) unusual behavior
 - D) worries
 - E) creativity
3. Hippocrates proposed that mental disorder was caused by
 - A) an imbalance in four body fluids.
 - B) a fungus growing on rye grain.
 - C) traumatic memories in the unconscious.
 - D) the taking of potions.
 - E) possession by demons.
4. The behavioral perspective emphasizes the influence of _____, while the cognitive perspective emphasizes _____.
 - A) genetics; conscious processes
 - B) the environment; mental processes
 - C) conscious processes; unconscious processes
 - D) medical factors; psychological factors
 - E) heredity; environment
5. Which of the following would be least likely to be noticed by a clinician using strictly the medical model of mental disorder?
 - A) an unhealthy family environment
 - B) a degenerative brain disease
 - C) hallucinations
 - D) severe disturbances in affect
 - E) delusions
6. The DSM-IV is based on the
 - A) behavioral perspective.
 - B) medical model.
 - C) psychoanalytic view.
 - D) cognitive perspective.
 - E) eclectic view.
7. Which disorder involves extreme swings of mood from elation to depression?
 - A) unipolar depression
 - B) schizophrenia
 - C) bipolar disorder
 - D) panic disorder
 - E) PTSD
8. Which of the following disorders involves a deficiency in memory?
 - A) dissociative fugue
 - B) phobia
 - C) antisocial personality
 - D) schizophrenia
 - E) obsessive-compulsive disorder
9. Which of the following is a disorder in which the individual displays more than one distinct personality?
 - A) depersonalization disorder
 - B) schizophrenia
 - C) phobia
 - D) bipolar disorder
 - E) dissociative identity disorder
10. Which of the following is primarily a disorder of young American women?
 - A) schizophrenia
 - B) antisocial personality disorder
 - C) bipolar disorder
 - D) phobia
 - E) anorexia nervosa
11. Hallucinations and delusions are symptoms of
 - A) anxiety disorders.
 - B) depersonalization disorder.
 - C) somatoform disorders.
 - D) schizophrenia.
 - E) panic disorders.

12. The DSM-IV groups most mental disorders by their
- causes.
 - cures.
 - theoretical basis.
 - symptoms.
 - treatments.
13. Which one of the following statements is true?
- In general, biology creates mental disorder, while culture merely shapes the way a person experiences it.
 - Culture-specific stressors occur primarily in developing countries.
 - Mental disorders have a similar prevalence in all cultures.
 - Cultures around the world seem to distinguish between people with mental disorders and people who are visionaries or prophets.
 - Mental disorders are more prevalent in Eastern cultures.
14. *Insanity* is a
- term that refers either to "neurotic" or "psychotic" symptoms.
 - psychological term.
 - psychiatric term, found in the DSM-IV under "psychotic disorders."
 - legal term.
 - a classification for those seeking treatment.
15. Which unfortunate consequence of diagnosing mental disorders is emphasized in this section of the chapter?
- the importance of the insanity defense
 - stigmatizing those with mental disorders
 - adding to the already overcrowded conditions in mental hospitals
 - that some cultures do not recognize mental disorders
 - the inaccuracy of diagnosis
16. Distinguish between a hallucination and a delusion.
17. When a person makes others uncomfortable by making them feel threatened or distressed in some way, which indicator of abnormality is exhibited?
18. Which book published by the APA classifies mental disorders by their symptoms?
19. Name the two best-known mood disorders.
20. What mood disorder often affects people in the winter and what is a biological explanation for the illness?
21. Briefly explain what happens when one is suffering from a panic disorder, and compare this to generalized anxiety disorder.
22. Briefly summarize the preparedness hypothesis.
23. How are obsessions and compulsions different?
24. If Sally believes she has every little bug that is going around even though there is no physical indication that she is sick, then Sally may suffer from what ailment?
25. The famous cases portrayed in the movies *Sybil* and *The Three Faces of Eve* depict patients with what disorder?
26. How do bulimics lose or maintain their body weight?
27. Describe two research findings that support the notion that schizophrenia has a biological basis.
28. Briefly list three characteristics of an individual with an antisocial personality disorder.
29. What is the main problem for those suffering from dyslexia?